

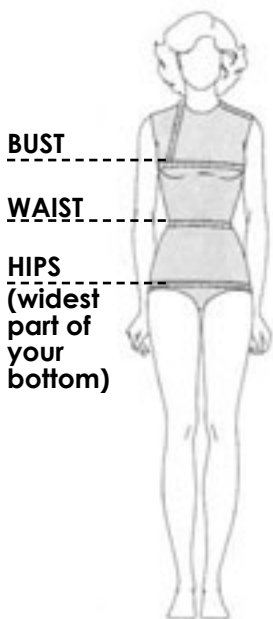
# WOMENSWEAR SIZE MEASUREMENTS (PRE-PREGNANCY)

	AUS 6		AUS 8		AUS 10		AUS 12		AUS 14		AUS 16	
	CM	INCHES	CM	INCHES	CM	INCHES	CM	INCHES	CM	INCHES	CM	INCHES
<b>BUST</b>	78½	31	81	32	86	34	91	36	96	38	101	40
<b>WAIST</b>	60½	23¾	63	24¾	68	26¾	73	28¾	78	30¾	83	32¾
<b>HIPS</b>	86	33¾	88.5	34¾	93.5	36¾	98.5	38¾	103.5	40¾	108.5	42¾

# WOMENSWEAR CONVERSION CHART

	AUS 6	AUS 8	AUS 10	AUS 12	AUS 14	AUS 16
<b>UK</b>	6	8	10	12	14	16
<b>US</b>	2	4	6	8	10	12
<b>EUROPE</b>	34	36	38	40	42	44

## HOW TO CHOOSE THE RIGHT MATERNITY CLOTHES



Generally, maternity sizes correspond to your non-pregnant size. In other words, if you are normally a size 12, you would purchase a size 12 in maternity clothing.

Each item has **additional fitting information** to help you choose your size. Some items of clothing are on the smaller side while others are more standard in sizing.

The most important measurements for you to check are your **hip** and **bust** measurements. Normally, your hips don't expand that much during pregnancy while your bust will definitely expand. (It goes without saying that your waist will expand significantly!)

So, first choose check the size that best matches to your current hips on the size chart. If your bust has increased 1.5 - 2

sizes larger than the measurement in the chart, we would recommend you pick the next size up if you are selecting one of our more fitted (or slim fit) styles.

The lengths of the pants in the product information are the inside leg (from crotch to hem), unless otherwise stated.

Please note that all size guides are simply a guide - if an item does not fit as expected, it is always the buyer's responsibility to return the item to us.

If you would like to double-check the dimensions of any particular product, you're welcome to contact us at [service@maternitysale.com.au](mailto:service@maternitysale.com.au) - just tell us which item and if possible send us your hip & bust measurement plus your normal sizing.